



# UK SCORING SYSTEM

## 2025 - 2026

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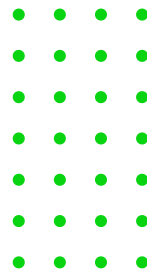




# Revision Information

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| Version | Date      | Changes                                       |
|---------|-----------|-----------------------------------------------|
| 2       | 21/9/2025 | a. Addition of further participating EP logos |





# Introduction

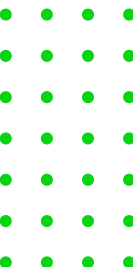
## Purpose of this document

### **Purpose of Document**

The purpose of this document is to clearly outline the expectations for cheer stunt groups and partner stunts participating in competitions hosted by event providers (EPs).

### **Age and Level Divisions**

Age groups and levels for stunt groups are determined by the SportCheer UK (SCUK) age grid. These divisions may vary depending on the structure of each competition. Not all divisions will be available at every EP event; availability is subject to the discretion of the event provider.





# Stunt Groups

## Divisions Scored on this Rubric

Level 1 and below - U6, U8, U10, U12, U14, U16, U18, Senior, Open / Uni, AA youth, AA senior

Level 2 - U8, AA youth, AA senior

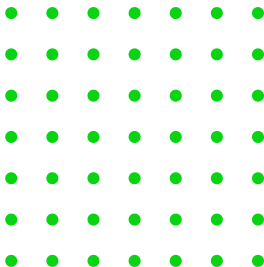
Level 3 - AA youth, AA senior

Level 4 - AA senior



## Difficulty

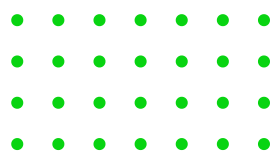
| Section          | Guide                                                                                                                                | Ranges                                                                                                                                                                                                                   |
|------------------|--------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Skill Quantity   | <b>Number of different Level Appropriate skills</b>                                                                                  | 0.0 - No LAP Skills<br>1.0 - 1-2 LAP Skills<br>2.0 - 3-4 LAP Skills<br>2.5 - 5-6 LAP Skills<br>3.0 - 7-8 LAP Skills<br>3.5 - 9-10 LAP Skills<br>4.0 - 11-12 LAP Skills<br>4.5 - 12-14 LAP Skills<br>5.0 - 15+ LAP Skills |
| Skill Difficulty | <b>Should include</b> - Technical complexity, variety of skills, transitions and connections, group composition, risk and innovation | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0                                                                                                                                           |





| Section         | Guide                                                                                                                                                  | Ranges                                                                         |
|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Skill Technique | <b>Should include</b> - body alignment and form, control and stability, timing, mounts, dismount and transition form, safety and technique consistency | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |
| Pace of Routine | <b>Should include</b> - flow and continuity, balance of elements, timing and rhythm, energy maintenance, audience engagement                           | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |

| Section                            | Guide                                                                                                                       | Ranges                                                                         |
|------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Routine Execution and Choreography | <b>Should Consider</b> - choreography design and execution, transition and flow, visual effect, cohesion and flow.          | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |
| Overall Impression                 | <b>Should Consider</b> - Creativity and originality, performance energy and engagement, professionalism and polish, impact. | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |





# Stunt Groups

## Divisions Scored on this Rubric

Level 2 - U10, U12, U14, U16, U18, Senior, Open / Uni

Level 3 - U12, U14, U16, U18, Senior, Open / Uni

Level 4 - U12, U14, U16, U18, Senior, Open / Uni

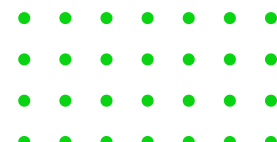
Level 5 - U12, U14, U16, U18, Senior, Open / Uni

Level 6 - U14, U16, U18, Senior, Open / Uni

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## Difficulty

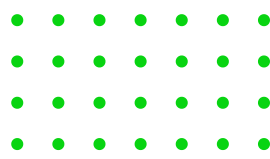
| Section          | Guide                                                                                                                                | Ranges                                                                                                                                                                                                                   |
|------------------|--------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Skill Quantity   | <b>Number of different Level Appropriate skills</b>                                                                                  | 0.0 - No LAP Skills<br>1.0 - 1-2 LAP Skills<br>2.0 - 3-4 LAP Skills<br>2.5 - 5-6 LAP Skills<br>3.0 - 7-8 LAP Skills<br>3.5 - 9-10 LAP Skills<br>4.0 - 11-12 LAP Skills<br>4.5 - 12-14 LAP Skills<br>5.0 - 15+ LAP Skills |
| Skill Difficulty | <b>Should include</b> - Technical complexity, variety of skills, transitions and connections, group composition, risk and innovation | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0                                                                                                                                           |
| Toss Quantity    | <b>Number of LAP Tosses</b>                                                                                                          | 0.0 - No LAP Tosses<br>2.0 - 1 LAP Toss<br>4.0 - 2 LAP Tosses<br>5.0 - 3+ LAP Tosses                                                                                                                                     |





| Section         | Guide                                                                                                                                                  | Ranges                                                                         |
|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Skill Technique | <b>Should include</b> - body alignment and form, control and stability, timing, mounts, dismount and transition form, safety and technique consistency | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |
| Toss Technique  | <b>Should include</b> - Height and power, form and body position, control and stability, catch technique                                               | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |
| Pace of Routine | <b>Should include</b> - flow and continuity, balance of elements, timing and rhythm, energy maintenance, audience engagement                           | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |

| Section                            | Guide                                                                                                                       | Ranges                                                                         |
|------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Routine Execution and Choreography | <b>Should Consider</b> - choreography design and execution, transition and flow, visual effect, cohesion and flow.          | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |
| Overall Impression                 | <b>Should Consider</b> - Creativity and originality, performance energy and engagement, professionalism and polish, impact. | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |







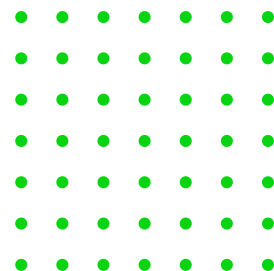
# Partner Stunt

## Divisions Scored on this Rubric

Level 6 - U14, U16, U18, Senior, Open / Uni, AA Junior, AA Senior

### Difficulty

| Section          | Guide                                                                                                                                | Ranges                                                                                                                                                          |
|------------------|--------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Skill Quantity   | <b>Number of different Level Appropriate skills</b>                                                                                  | 0.0 - No LAP Skills<br>1.0 - 1 LAP Skills<br>2.0 - 2 LAP Skills<br>2.5 - 3-4 LAP Skills<br>3.5 - 5-6 LAP Skills<br>4.5 - 7-9 LAP Skills<br>5.0 - 10+ LAP Skills |
| Skill Difficulty | <b>Should include</b> - Technical complexity, variety of skills, transitions and connections, group composition, risk and innovation | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0                                                                                  |





# Partner Stunt

## Technique

| Section         | Guide                                                                                                                                                  | Ranges                                                                         |
|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Skill Technique | <b>Should include</b> - body alignment and form, control and stability, timing, mounts, dismount and transition form, safety and technique consistency | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |
| Pace of Routine | <b>Should include</b> - flow and continuity, balance of elements, timing and rhythm, energy maintenance, audience engagement                           | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |

## Overall

| Section                            | Guide                                                                                                                       | Ranges                                                                         |
|------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Routine Execution and Choreography | <b>Should Consider</b> - choreography design and execution, transition and flow, visual effect, cohesion and flow.          | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |
| Overall Impression                 | <b>Should Consider</b> - Creativity and originality, performance energy and engagement, professionalism and polish, impact. | Excellent 4.0-5.0<br>Good 3.0-4.0<br>Fair 2.0-3.0<br>Needs Improvement 1.0-2.0 |

