

UK SCORING SYSTEM

2025 - 2026

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Introduction

Purpose of this document

This Document has been created to present all the information needed for the adapted United Scoring System Rubrics in the UK.

The information contained in this document is taken directly for the United Scoring System UK rubrics, and only slight alterations have been made to the required rubric numbers in order to improve accessibility and competitive achievement for smaller UK teams.

The ethos behind the United Scoring System is unchanged in this document, and coaches are encouraged to review updates from the USS periodically throughout the year.

Judges using this scoring are encouraged to attend the United Scoring system in person or online training programmes to improve application and judgement of the skills being demonstrated in a competition environment.



RULE VIOLATIONS

BOUNDARY VIOLATIONS -0.05

The performance surface is defined as the 42' x 54' competition floor. The competition coundry is defined as the performance surface and any immediate adjacent safety border. A .05 deduction will be assessed per occurrence for an athlete that makes contact with both feet outside the competition boundary. Stepping on, or just past the white tape is not a boundary violation.

TIME LIMIT VIOLATIONS -0.05

Teams that exceed the allotted time by 1 or more seconds are subject to a .05 deduction. Judges will use a stopwatch/clock to measure the official time. Judges will not issue a deduction until their stopwatch/clock shows a time that exceeds 3 seconds over the allotted time, acknowledging the potential variance caused by human reaction speed and sound system time variations.

Teams that exceed the allotted time per category below will be subject to the deduction:

- · All Star Novice 1:30
- All Star Prep 2:00 All Star Elite & International 2:30
- · All Star Non-Tumbling 2:00

DIVISION VIOLATION - 5.0

Teams that do not have the minimum or exceeds the maximum number of athletes within a specific division will receive a 5 point deduction and/or may be disqualified.

DEDUCTIONS

ATHLETE FALL - 0.15		
DROPS TO THE PERFORMANCE SURFACE DURING TUMBLING AND/OR JUMP		
INCLUDES THE FOLLOWING	DOES NOT INCLUDE THE FOLLOWING	
*Hand or hands down in tumbling or jump skills *Knee or knees down in tumbling or jump skills *Tumbling transitions in and/or out of a building skill	*An athlete that trips while walking during a transition	

Deduction System

DEDUCTIONS

MAJOR ATHLETE FALL - 0.25		
MULTIPLE BODY PARTS DROP TO THE PERFORMANCE SURFACE DURING TUMBLING AND/OR JUMP SKILLS		
INCLUDES THE FOLLOWING	DOES NOT INCLUDE THE FOLLOWING	
*Multiple body parts down in tumbling or jumps i.e. hands & knees, seat & hands etc.	*An athlete that trips while walking during a transition	

BUILDING BOBBLE - 0.25		
BUILDING SKILLS THAT ALMOST DROP, BUT ARE SAVED		
INCLUDES THE FOLLOWING	DOES NOT INCLUDE THE FOLLOWING	
 Base or spotter drops to the performance surface during a building skill Top person leans and/or bears weight on base/spotter and is pushed back up into the stunt/skill Lowering of a stunt from extended position to prep level (not timing issue) Coed Style (unassisted or assisted) stunts that drop to a load in position Pyramid skills that would fall without the bracer or bracer's support Both feet of the top person come in contact with the performance surface during a cradle/prone (excluding one foot). Hand(s) of the top person come in contact with the performance surface during a cradle/prone Drops to the performance surface from a nugget, thigh stand and/ or waist level style stunt on to their feet (not timing issues) 	An omitted skill Drop in body position by top person Excessive movement by bases Balance check by top person	

Deduction System

BUILDING FALL - 0.75		
DROPS FROM A BUILDING SKILL OR TRANSITION		
INCLUDES THE FOLLOWING	DOES NOT INCLUDE THE FOLLOWING	
Drops to a cradle / load in / prone position Coed Style (unassisted or assisted) stunts that drop to a cradle and/or prone Coed Style (unassisted or assisted) stunts that drop to the performance surface (not in a load in position) with assistance from bases and/or spotter	· Coed Style (unassisted or assisted) stunts that drop to a load in position	

MAJOR BUILDING FALL - 1.25

DROPS TO THE PERFORMANCE SURFACE FROM A BUILDING SKILL BY THE TOP PERSON AND/OR BASE(S)/SPOTTER(S)

INCLUDES THE FOLLOWING

DOES NOT INCLUDE THE FOLLOWING

- Multiple bases and/or spotters drop to the performance surface
- Top person lands on base and/or spotter who drops to the performance surface
- · Coed Style (unassisted or assisted) stunts where the top person lands on performance surface without assistance from bases and/or spotter
- Top person comes in contact with the performance surface during a transitional-stunt and/or pyramid that is continuous without interruption/stopping
- Top person is set out of a building skill, transitions, and drops to the performance surface (this includes tripping while walking)

LEGALITY INFRACTIONS

LEGALITY INFRACTIONS

IASF RULES

- .05 General Rules/Out of Level Tumbling
- .10 Building Out of Level
- .50 Building All Level Rules
- If a skill is performed illegally and appears to be inherently dangerous and/or unsafe--regardless of the number of building groups
- number of building groups

 If a skill is missing the number of athletes required to perform that skill legally (ex: not having the number of required catchers for a cradle)